Real world problems:

1. Forgetting important things
   * Reminder app and calendar
2. Don’t have time to go outside
   * Work planner to do work more efficiently
3. Feel stressed before tests
   * Study app
4. Don’t get enough sleep
   * Schedule app to determine bedtime and get work done before then
5. Can’t plan on what to do
   * Work planner

A lot of problems can be solved with a planner app and calendar.